



Freewriting

SchreibCenter at the Language Resource Center

Classic freewriting

Write a short text about a topic that is relevant for you right now and get into a writing flow. For example, write about

- The topic of your next text,
- The topic of the chapter you are currently working on,
- Whatever you have been thinking about recently.

The rules to freewriting are as follows:

1. **Just write!** It is important not to interrupt your writing flow, your pen should constantly be in touch with the paper. If you run out of ideas or you do not know what to write next, just keep on writing anything, e. g. “blablabla”.
2. **Do not correct** what you are writing. Nobody will read this text, except for yourself. Errors are not a problem, as grammatical correctness and spelling are not the focus of this exercise.
3. **Write for 5 to 7 minutes.**

Variations of this exercise:

Blind freewriting

For this version, you need to write on a computer. In order not to see what you are writing, change the font color to white, turn off the spell and grammar checker, and off you go. This way, it will be impossible for you to correct mistakes or revise your text.

Apps and tools for freewriting

You can also use apps and tools online for freewriting, e. g. The Most Dangerous Writing App (<https://www.squibler.io/dangerous-writing-prompt-app>). Making your progress disappear as soon as you stop typing, this tool keeps you motivated to write. Have fun trying this out!

Based on:

Grieshammer, Ella; Liebetanz, Franziska; Peters, Nora & Zegenhagen, Jana (2016): Zukunftsmodell Schreibberatung. Eine Anleitung zur Begleitung von Schreibenden im Studium. 3., korr. Aufl. Baltmannsweiler: Schneider Verlag Hohengehren. S. 208 f.