
My inner critic



SchreibCenter am Sprachenzentrum

Sometimes, we are our own worst enemy. In such situations, it can help to have a conversation with ourselves in order to put things into perspective and find other possible solutions.

Have a conversation with your own inner critic! What do they criticize? How could you react?

This exercise can help you find new motivation and get a different perspective on your situation. In case of content-related criticism, you may use your own counter-arguments to strengthen your text's structure by integrating the debate into your work.

Here is an example of how such a dialogue could go:

- **How are you going to make the deadline for your essay? You started writing on it pretty late and in a completely chaotic way!**
 - **Yes, I am aware of that. Nevertheless, I already wrote several essays and exam papers, so I know that I am able to succeed if I make an effort. The time pressure actually helps me!**
- **But what's your plan? Do you even have one at all?**
 - **I do. First, I will write down everything I know about the subject already, and all of my ideas. That will be the basis for finding my topic, and it will give me some key words for further research.**
- **Then what? That won't be enough for a good term paper. You should have started earlier!**
 - **Yes, I know, I should have started earlier, but I did not, so we have to work with that! My teacher liked all of my previous texts, and I wrote most of them last minute too.**
- ...
 - ...